

Seventh Sunday after Pentecost, July 7, 2024

St. Andrew's Presbyterian Church

3228 SW Sunset Blvd, Portland, Oregon

<https://zoom.us/j/738059997> or <http://www.facebook.com/standrewspdx/live>



A Summer of Delight in Heart's Desire  
*Renewal*

## GATHERING

**Prelude**

**Welcome**

**Time to Center**

**Call to Worship**

"As the sea gull lays in the wind current,  
so I lay myself into the spirit of God."

**I seek this day an active wonder.**

**The awareness of the unexplored and the untried...**

**this I need and I seek.**

**The illumination of wonder over my familiar landscape,  
revealing ordinary things, fresh glories**

**that which I have never known:**

**this I need and I seek this day.**

-- Howard Thurman, 1899 – 1981

**Song or Hymn:** *Open My Eyes That I May See* Glory to God #451

**Open My Eyes, That I May See 451**

The musical score is presented in four systems, each with a vocal line and a bass line. The key signature is three flats (B-flat, E-flat, A-flat) and the time signature is 8/8. The first system contains the first three verses of the hymn. The second system contains the fourth and fifth verses. The third system contains the sixth and seventh verses. The fourth system contains the eighth and ninth verses. The lyrics are printed below the vocal lines.

1 O-pen my eyes, that I may see glimps-es of truth thou hast for me.  
2 O-pen my ears, that I may hear voic - es of truth thou send-est clear.  
3 O-pen my mouth, and let me bear glad - ly the warm truth ev - ery - where.

Place in my hands the won - der - ful key that shall un - clasp and  
And while the wave notes fall on my ear, ev - ery - thing false will  
O - pen my heart, and let me pre - pare love with thy chil - dren

set me free. Si - lent - ly now I wait for thee, read - y, my God, thy  
dis - ap - pear. Si - lent - ly now I wait for thee, read - y, my God, thy  
thus to share. Si - lent - ly now I wait for thee, read - y, my God, thy

will to see. O - pen my eyes; il - lu - mine me, Spir - it di - vine!  
will to see. O - pen my ears; il - lu - mine me, Spir - it di - vine!  
will to see. O - pen my heart; il - lu - mine me, Spir - it di - vine!

**Call to Reflection**

I will sing a new song...

**The old song of my spirit has wearied itself out.  
It has long ago been learned by heart;  
It repeats itself over and over,  
Bringing no added joy to my days or lift to my spirit.**

I will sing a new song.

**I must learn the new song for the new needs.  
I must fashion new words born of all the new growth  
of my life – of my mind – of my spirit.**

I must prepare for new melodies that have  
never been mine before,  
That all that is within me may lift my voice unto God.

**Therefore, I shall rejoice with each day  
And delight my spirit in each fresh unfolding.  
I will sing, this day, a new song unto the Lord.**

-Howard Thurman, *The Mood of Christmas & Other Celebrations*  
In our silence, let's reflect: What new song am I ready to sing? What new song  
is the Holy Spirit singing in me?

### **Silent Prayers for Reflection**

**Words of Assurance  
...Thanks be to God!**

**Sung Response of Praise**    *Sing Out, My Soul*    Glory to God #646  
(Sing 2 times)

**Sing Out, My Soul**      646  
*Magnificat*

G      C      D7      G      (chords continue)

Sing out, my soul.      Sing out, my soul.      Sing out and  
Ma - gni - fi - cat.      Ma - gni - fi - cat.      Ma - gni - fi -  
glo - ri - fy the Lord who sets us free.      Sing out, my soul.  
cat a - ni - ma me - a      Do - mi - num.      Ma - gni - fi - cat.

Sing out, my soul.      Sing out and glo - ri - fy the Lord God!  
Ma - gni - fi - cat.      Ma - gni - fi - cat a - ni - ma me - a!

**Sharing the Peace of Christ**

May the peace of Christ be with you.

***And also with you.***

**THE WORD**

**Prayer of Illumination**

**A reading from the gospel According to Mark** Mark 6:1-13  
(NRSV Translation)

The Gospel of our Lord. ***Praise to you, Lord Christ.***

**Sermon** *The Rev. Jan Reynolds*

**RESPONSE TO THE WORD**

**Silent Reflection on the Word Preached**

**Sung Response to the Word** *Bless the Lord* Glory to God #544

544 Bless the Lord

Bless the Lord, my soul, and bless God's ho - ly name.

Bless the Lord, my soul, who leads me in - to life.

**Worshipping God with our Tithes and Offerings**

**Invitation to Generosity**

*A Litany of Thanksgiving by Howard Thurman*

In Your presence, O God, we make our Thanksgiving.

**We begin with the simple things of our days:**

**Fresh air to breathe,**

**Cool water to drink,**

**The taste of food,**

The protection of houses and clothes,  
The comforts of home.

**For all these we make an act of Thanksgiving this day!**

We bring to mind all the warmth of humankind that we have known...

**The tears we have shed, the tears we have seen;**

**The excitement of laughter and the twinkle in the eye with  
its reminder that life is good.**

**For all these we make an act of Thanksgiving this day.**

With gratitude for all we've been given,  
we now respond with our hearts and monetary offerings.

### **Offertory**

**Doxology**     *Praise God from Whom All Blessings Flow*  
Glory to God #609

### **The Sacrament of Holy Communion** **Invitation to the Table**

#### **The Great Thanksgiving**

God be with you.

***And also with you.***

Lift up your hearts!

***We lift them to the Lord.***

Let us give thanks to the Lord our God.

***It is right to give our thanks and praise.***

### **Prayers of the People**

#### **The Lord's Prayer**

**Our Father, who art in heaven, hallowed be thy name,  
thy kingdom come, they will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread; and forgive us our debts,  
as we forgive our debtors;**

**and lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, and the power,  
and the glory, forever. Amen.**

### **Sharing the Elements**

# SENDING

**Sending Song**    *I'm Gonna Live So God Can Use Me*    Glory to God #700

700 I'm Gonna Live So God Can Use Me

1 I'm gon-na live so (live so)  
 2 I'm gon-na work so (work so) God can use me an - y -  
 3 I'm gon-na pray so (pray so)  
 4 I'm gon-na sing so (sing so)

where, Lord, an - y - time! (an - y - time!) I'm gon-na  
 I'm gon-na  
 I'm gon-na  
 I'm gon-na

live so (live so)  
 work so (work so) God can use me an - y -  
 pray so (pray so)  
 sing so (sing so)

where, Lord, an - y - time! (an - y - time!)  
 (my Lord,)

**Our Ministry in Christ**

**Charge and Benediction**

**And All God's People Say**

**Postlude**

**Worship Resources**

Commentary on Mark 6:1-13 - Working Preacher from Luther Seminary

Flow in Psychology: How to Reach an Immersed State of Flow

(<https://www.verywellmind.com/what-is-flow-2794768>);

By Kendra Cherry, MEd