



St. Andrew's
Presbyterian Church

eNews

August 1, 2024

(503) 246-4276, admin@standrewspdx.com

3228 SW Sunset Blvd, Portland, OR 97239

Summer Office Hours: (8:30am – 2:30pm, Tues - Thurs)

Join us in person for worship every Sunday at 10:00am, or on Zoom& Facebook.

An online version of the weekly worship bulletin can be found on our website – www.standrewspdx.com

Thoughts from Pastor Sarah

Pastor Sarah is on sabbatical as of June 1st, returning September 1st. Pastors Tom & Patty Campbell-Schmitt are on call for pastoral care. Rev. Jan Reynolds is facilitating Sunday worship (scroll to the bottom to see the summer worship schedule). If you have an urgent need please contact the office and we will put you in contact with someone who can assist.

Rose Garden update from Michael House:

Roses! The ultimate symbol of love and beauty. Did you know that roses come in over 150 different species and thousands of hybrids, with colors ranging from classic red to soft pink, yellow, white, and even black? They're also a popular choice for gardens, bouquets, and arrangements.

Have you been to St. Andrew's recently to see our beautiful rose garden in full bloom? Now is the time! Stop by anytime and take a stroll through the paths, or sit on the memorial bench and soak it all in. You're welcome to take a few clippings as well, to enjoy at home.

Scripture

August 4

Acts 2:41-47; Psalm 74

August 11

Matthew 6:9-13; Luke 11:1

New News & Announcements

SUMMER OFFICE HOURS

Our summer office hours are Tuesday - Thursday, 8:30-2:30. We will resume regular office hours on September 9.

WORSHIP NOTES FOR AUGUST 4

A Summer of Delight in Hearts' Desire: Joy in Community

Dear Friends,

Our worship theme for August is "Joy in Community!" This Sunday, August 4, we will worship in the Chapel with a more traditional service including Communion and hymns.

I will offer the message on John 14: 25-27 and Acts 2:41-47, exploring how our practices as a church community bring vitality to our own lives and a fragmented world.

Blessings on a summer of Joy in Community!

Jan

FUNERAL FOR ARLENE MORRISON

The funeral for Arlene Morrison will take place this Saturday, August 3, 2:00pm, in the chapel at St. Andrew's, followed by a reception in the narthex. Please continue to keep her loved ones in your prayers.

GRAUER PROJECT -A MINISTRY OPPORTUNITY TO BENEFIT LOCAL SCHOOL CHILDREN - FINAL WEEK

This is the final week to collect school supply donations for the St. Luke Grauer Project, a program that provides backpacks filled with school supplies and other necessities to as many as 400 students in the Ida B. Wells High School feeder schools. There is still time to bring in the following new items:

- Crayons (24 count)
- Erasers
- Folders
- Glue Sticks
- Notebook Paper (wide & college ruled)
- Pencils (12 pack)
- Spiral notebooks (wide & college ruled)

St. Luke will be picking up our collected donations on Monday, August 5, so they have time to fill those backpacks for distribution on August 11. Because of this we can only collect donations through this Sunday, August 4. Thank you to those who have supported this ministry!

EMO COLLINS LECTURE

Ecumenical Ministries of Oregon invites us to their upcoming Collins Lecture on Faith & Politics in a Divided World. The lecture will feature two leaders from the global south: Ambassador Cecilia Adeng, South Sudan's Permanent Representative to the United Nations, and Juan Guaido, opposition leader and former Interim President of Venezuela. They will engage us in conversations around leadership, faith, and politics from their unique perspectives. RSVP for tickets through the EMO website.

HELP PROVIDE A SUMMER POTLUCK AT THE MULTNOMAH SAFE REST VILLAGE

It's time for another community "potluck" to support the staff and participants in the MSR/V. Our big meals are always enjoyed and greatly appreciated, and it's an important way to let the folks in the village know they have friends in the neighborhood.

With the expansion of the MSR/V, we will be providing a meal for up to 60 people, about twice as many as before. Please sign up online for item(s) you can contribute. There are still 11 slots available. As always, either homemade or store-bought is fine. Everything should be ready to eat on a disposable serving dish.

We will provide the meal on Wednesday, August 21. Food can be dropped off at the front gate of the MSR/V between 12:00 and 12:30 that day. MSR/V members will be at the door to greet you, and Sunstone Way (formerly All Good NW) staff will take our contributions inside to be shared. Contact the St. Andrew's office if you need to make alternate arrangements for delivery. Nonperishable items (chips, drinks) can be dropped off in advance.

Learning & Fellowship Opportunities

SUPPER CHURCH FOR SUMMER: NEW TIME, NEW LOCATION

Join us on the 2nd and 4th Sunday evenings of the month for Supper Church, at 5:30pm in the Chapel, as we focus on the identity and character of Jesus. As the weather permits, we'll spill out onto the patio for play. Our summer dinners will

be simple, catered from local restaurants, so reservations are kindly requested. We don't need cooks but DO need a few volunteers to help with set up, etc. Volunteer sign-ups are online.

All are invited: families, singles, seniors, teens. Enjoy an hour's fellowship with your St. A's family and no dinner to prepare. We look forward to seeing you.

The next Supper Church is Sunday, August 11.

SUMMER OPPORTUNITIES FOR SPIRITUAL FORMATION

Even if you've never attended before, you're welcome to join one or all of our meetings this summer. Each will be a stand-alone session on a contemplative practice. Come try Visio Divina (contemplating pictures), sitting with a question, or the loving kindness of meditation. Or find out why mysticism is for every day - not just for the cloistered or theologically sophisticated! Join us for these topics and more on the first or third Wednesdays of the month, in the lounge. Here's the schedule:

- June 5: Lectio Divina (sacred reading)
- June 19: Visio Divina (sacred images)
- July 3: Loving Kindness/Compassion meditation
- July 17: Bio-spiritual focusing
- Aug 7: Reading the scriptures imaginatively
- Aug 21: Sitting with a question
- Sept 4: Mysticism in daily life

We'll meet from 12:30 to 2pm in the Lounge. Jan Reynolds will be leading the July 17 session, and Amy Houchen will be leading the others. Contact either of them if you have questions.

NEXT STEPS IN ENNEAGRAM EXPLORATION

Our gatherings will pause this summer. Pastor Sarah recommends two books for summer reading, if you're interested.

If you want to keep learning from Beatrice Chesnut ...The Enneagram Guide to Waking Up: Find your Path, Face Your Shadow, Discover Your True Self, Beatrice Chestnut and Uranio Paes.

If you want something perhaps a little lighter...The Honest Enneagram: Know Your Type, Own Your Challenges, Embrace Your Growth, Sarajane Case.

If you want a break from enneagram study, take it! If you want to re-read previous books, go for it! If you want to read both of these books, have fun! If you want to read just one, that's great too! See you in September.

CHOIR NEWS

The St. Andrew's choir will perform one last time this Sunday before taking a break for the summer. We look forward to seeing everyone in the fall!

ANTI-RACISM DISCUSSION GROUP

This group is taking a break over the summer. Stay tuned for our plans for fall!

Service & Mission

If you have any questions about our ministries or would like to be a part of our Mission Team, contact the St. Andrew's office.

MULTNOMAH SAFE REST VILLAGE VOLUNTEER OPPORTUNITIES

The Multnomah Safe Rest Village is in the process of expanding from about 35 participants to upwards of around 100 when at full capacity. This has brought some mixed feelings from housed neighbors in the Multnomah neighborhood,

but overall most feel positive and hopeful about expanding this program that, along with other village sites in Portland, has so far helped over 300 participants transition into housing.

This expansion means more help and support is needed from neighbors, partnering organizations, and civic groups. Here are ways you can help and show your support this summer:

- One current need is bedding for the new units. If you can donate sheets (twin size only, please; the units are small), blankets, or pillow cases, they'd love to have them. The MSR/V is asking that donations not be brought to them unannounced right now because of ongoing construction. Please email Hana at All Good NW to arrange the right time to drop them off (or bring them to the St. Andrew's office and we will get them delivered for you).
- Make sandwiches and deliver to the MSR/V door. Sign up online for Sandwich Mondays, between now and July 29. We know that once there are 100 people in the Village we won't be able to provide enough weekly sandwiches—we're working with All Good NW to figure out what will be helpful and manageable. For now, anything you can do will be much appreciated.
- Contribute to the FMSRV Summer Feast on August 21. See article above for more information.

For frequent MSR/V updates visit the Friends of Multnomah Safe Rest Village website, and join their Facebook group for updates, news, photos, connections. For more information about any of these programs, contact the St. Andrew's office. Katy is happy to answer any of your questions.

ZIPLOC MINISTRY

Saturday, August 3

10:30-12:00-Ziploc bag filling and donation drop-off

Each month St. Andrew's sends large Ziploc bags filled with essential items to our ministry partner Operation Nightwatch, who then distributes them to the houseless people who utilize their services. Thanks to generous donors, along with additional Neighborhood Ministries funds, we receive enough funding each month to cover these costs. We are grateful to be able to continue this important work.

So what can you do to help? It has been brought to our attention the constant need for donations of new socks and new men's boxer-briefs, for many of our ministry partners. These can be dropped off at our first Saturday Ziploc bag filling, at worship on Sundays, or during office hours.

MEALS FOR WEST WOMEN'S & CHILDREN'S SHELTER

Each month St. Andrew's provides meals to West Women & Children's Shelter. If you would like to participate in this ministry you can sign-up to make a casserole (or two, or three) using a specific recipe given each month and then drop it off at the monthly first Saturday Ziploc ministry day from 11:00-11:30. Volunteers are also needed to deliver these meals, and other items, to the shelter. Sign up to volunteer online.

WW&CS currently provides shelter and services to 35 people who are seeking a safe place to stay while they break away from a domestic violence situation, and they are expecting to grow to 55-60 people this month. Any number of casseroles we provide are appreciated and are mostly served on the weekends when only volunteers are on staff. All excess is frozen and served at a later time.

SUPPLIES NEEDED FOR OUR NEIGHBORS LIVING OUTSIDE

SW Outreach continues to compassionately connect with our neighbors living outside. Our weekly shower program is a welcome day center for people being displaced in the Hillsdale area. Our guests find a few peaceful hours to get a shower and a hot meal, connect with resources and engage in conversation. We currently are in need of bath towels. We always need underwear and t-shirts (men's and women's size medium). If you can help please bring your donations marked "SW Outreach" to the bench outside the church office. We appreciate the constant support and generosity of St. Andrew's! Questions? Contact Marilyn Palumbo.

ST. ANDREW'S QUILTERS

The St. Andrew's quilters meet on the second and fourth Wednesdays of each month at 9:30. Their beautiful creations are donated to organizations that provide warmth to those in need. All are welcome to join them! Contact Gail Planck for more information.

Virtual Gatherings & Events

Sunday, August 4 & 11

10:00am Worship

Zoom & Facebook

(also in person)

Friday, August 2 & 9

10-12pm Virtual Coffee Chat

Zoom

Reminders & Ongoing News

SUMMER WORSHIP SCHEDULE

During Sarah's summer sabbatical, worship will be led by the Rev. Jan Reynolds. In conversation with Sarah and St. Andrews' Session, Jan has designed worship that will align with Sarah's sabbatical theme, "A Summer of Delight in Heart's Desire." Each month of worship services will have a theme: June, Rest; July, Renewal; August, Joy in Community.

We will follow a familiar order of worship, but each week of the month will have a slightly different approach, including some interactive elements.

- 1st Sundays: Traditional worship with Communion (in the Chapel)
- 2nd Sundays: Contemplative worship featuring Celtic song, nature poetry and reflection (outside)
- 3rd Sundays: Features special music (outside)
- 4th Sundays: 45-minute worship with a morning prayer liturgy and conversation circles (in the Chapel). Everyone will be encouraged to go out into the day to pursue their hearts' desires!

We will hear sermons from various members and friends of the congregation including Roberta Schlechter, Eric Hamilton, Rev. Lindsey Santamaria, Rev. Amy Delaney, and Rev. Sunggu Yang. Jan will preach on first Sundays and lead worship. Don Feely will continue to faithfully lead our music with our talented song leaders. Based on the design of the services, we will either meet outside or in the chapel, moving indoors if the temperature is too hot.

During Pastor Sarah's time of Sabbatical, Revs. Tom & Patty Campbell-Schmitt will be available for Pastoral Care. If you have any questions regarding our building ministry, please call Steve Planck.

On Labor Day Sunday, September 1, we will welcome Sarah back with us! She will share her experiences on Sabbatical, and the congregation will share about our summer. We will enjoy a potluck meal together. May we all look forward to a summer of finding our delight in hearts' desire through rest, renewal, and communal joy!

PRINTED COMMUNICATIONS BY MAIL

Did you know that we can send printed copies of the bulletin and eNews through the mail? There is a list of people who receive these each week, and there's room for more. If you would like to have us mail you a printed copy of the weekly worship bulletin and/or a text version of the eNews, contact the office and we'll put you on the list!

ST. ANDREW'S NAMETAGS

Would you like to make a new friend? Wearing your nametag each Sunday at worship can help. You can request a new nametag this coming week. They are being made for visitors and/or members of our worship community. Please contact Katy in the office or Connie Blumthal for a new (or renewed) nametag. "Make new friends, but keep the old. One is silver and the other gold."

NATIONAL SUICIDE & CRISIS LIFELINE

People experiencing a mental health crisis have a way to reach out for help in the U.S., by calling or texting the numbers 9-8-8. The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States. It will function much like 9-1-1, but is solely dedicated to addressing mental health needs. See their website for more information on this potentially lifesaving program, and help spread the word.

RIDES TO CHURCH

Do you or someone you know need a ride to church on Sundays? If so our Deacons are on hand to give rides to church to those who need one. If you would be interested in receiving this service, or know someone else who would, please let us know so we can get you on our list. If you would be interested in being a driver, please let us know that too. Contact the office, Merrie Backer, or Larry Kelly to sign up, or if you have any questions.

Thank you for continuing to support the ministries of St. Andrew's through your online donations and checks sent by mail.

Office: 503-246-4276

Summer Office hours 8:30am – 2:30pm, Tuesday - Thursday

Bookkeeper hours: 9:00am – 3:00pm, Mondays & Tuesdays

The Rev. Dr. Sarah Sanderson-Doughty, Pastor and Head of Staff

Don Feely, Director of Music Ministry

Katy Rustvold, Office Administrator/Neighborhood Ministries Coordinator

Krissy Wilds, Bookkeeper