

Tenth Sunday after Pentecost, July 28, 2024

St. Andrew's Presbyterian Church

3228 SW Sunset Blvd, Portland, Oregon

www.standrewspdx.com

<https://zoom.us/j/738059997> or <http://www.facebook.com/standrewspdx/live>



A Summer of Delight in Heart's Desire
Renewal

GATHERING

Prelude

Welcome

Call to Worship

Excerpts from Isaiah 40: (NRSV Translation)

Have you not known? Have you not heard?

**The Lord is the everlasting God,
the Creator of the ends of the earth!**

He does not faint or grow weary;
his understanding is unsearchable.

**²⁹He gives power to the faint
and strengthens the powerless.**

³⁰Even youths will faint and be weary,
and the young will fall exhausted,

**³¹but those who wait for the Lord shall renew their strength;
they shall mount up with wings like eagles;
they shall run and not be weary;
they shall walk and not faint.**

A Moment of Silence

Call to Reflection

We examine our lives so that God can move in our lives, helping us to grow,

to find deep peace and satisfaction in God's presence. We do this each week, knowing that God can only love us and longs for our healing and wholeness. Let us open our hearts to God and reflect...

In our silence, may we reflect... in what situations do I feel a sense of anxiety due to situations beyond my control?

How is God inviting me to seek renewal, peace and reconciliation, even when my choices are limited?

Words of Reassurance

Hear this good news: through God's generosity, grace and mercy, we are comforted and renewed by the Holy Spirit this day and every day!

Praise God!

***Hymn:** *You Who Dwell in the Shelter of the Lord* (Vs 1 & 2 only)
Glory To God #43

43 You Who Dwell in the Shelter of the Lord
On Eagle's Wings (Psalm 91)

Leader or All G D/F#

1 You who dwell in the shel - ter of the Lord, who a -
bide in his shad - ow for life, say to the Lord, "My
ref - uge, my rock in whom I trust!"

Refrain All D Em

And he will raise you up on ea - gles' wings, bear you on the
breath of dawn, make you to shine like the sun,
and hold you in the palm of his hand.

Leader or All G D/F#

2 The snare of the fowl - er will nev - er cap - ture you, and
fam - ine will bring you no fear: un - der his wings, your

A7 D D7/F# G

A Bm F#m Em7 A Dsus D *Fine*



A Litany for Fresh Purpose by Fran Platt

Every day we can choose fresh purpose

Access fresh wisdom,

Practice gratitude for our gifts, blessings, and experiences,

Practice mercy and love toward ourselves and others.

Every day we can take an honest look at ourselves,

Assess our unhelpful habits and patterns,

Create new ones,

Ask for help.

Every day we can shut out voices that tear us down,

And practice listening to the truth about ourselves:

We are beloved, accepted, encased in Divine Love.

We have access to everything we need.

We ask for strength:

To continue growing in wisdom,

To continue our healing journey,

To continue our creative work,

To continue our self-care,

To continue awakening to truth and oneness,

To continue in generosity and serving our neighbors,

To continue the work of bringing heaven to earth.

Whatever happens, we know you are alive within us,

Your light is shared and burning in our hearts.

We know that life can be enjoyed,

And renewal can be found.

We know each time our eyes open,

The mercies are new and the goodness is flowing!

Offering and Collected Prayers

As we pray our gratitude for everything we've been given, let us also offer our prayers individually to God during this time. Please write down any prayers on Blue Cards that you would like to share with Jan Reynolds and the Prayer Team who will pray on your behalf this week.

Offertory

***Sung Response** *Rain Down!* Glory to God #48

Rain Down 48

Capo 3: (D) (F#7) (Bm) (D7) (G)
F A7 Dm F7 B⁷

Rain down; rain down; rain down your
love on your peo - ple. Rain down; rain
down; rain down your love, God of life.

(D/F#) (Em7) (A7) (D) (F#7) (Bm)
F/A Gm7 C7 F A7 Dm

(D7) (G) (Em) (A7) (G) (D)
F7 B⁷ Gm C7 B⁷ F

Storytelling in Community: Renewal

Please feel free to interpret these prompts broadly or tell any story you wish on the theme of renewal!

Story Group 1:

Tell about a time when you felt truly alive.
Describe someone who inspires you and why.

Story Group 2:

Tell about a time when:
You made a complete change.
You took the “path less traveled.” What happened?

Story Group 3:

Tell about a time when:
You felt “butterflies.”
You “went all in.”
You followed your heart or gut.

Reflection on Our Experience

SENDING

*Song Spirit, Spirit of Gentleness Glory to God #291

291 Spirit, Spirit of Gentleness

Spirit

Refrain

D G A D

Spir - it, spir - it of gen - tle - ness, blow through the

Bm E A D G

wil - der - ness, call - ing and free. Spir - it,

A D Bm

spir - it of rest - less - ness, stir me from plac - id - ness,

G A D G D

wind, wind on the sea. *Fine*

D G A G

1 You moved on the wa - ters; you called to the
2 You swept through the des - ert; you stung with the
3 You sang in a sta - ble; you cried from a
4 You call from to - mor - row; you break an - cient

D Bm

deep; then you coaxed up the moun - tains from the
sand; and you goad - ed your peo - ple with a
hill; then you whis - pered in si - lence when the
schemes; from the bond - age of sor - row the

E A D G
 val - leys of sleep; and o - ver the e -
 law and a land. When they were con - found -
 whole world was still. And down in the cit -
 cap - tives dream dreams. Our wom - en see vi -

A G D
 ons you called to each thing, "A -
 ed with i - dols and lies, then you
 y, you called once a - gain when you
 sions; our men clear their eyes. With

Bm G
 wake from your slum - bers and
 spoke through your proph - ets to
 blew through your peo - ple on the
 bold new de - ci - sions your

A D G/A D A *to Refrain*
 rise on your wings."
 o - pen their eyes.
 rush of the wind.
 peo - ple a - rise.

***Sharing the Peace**

May the Peace of Christ be with you!

And also with you!

***Charge and Benediction**

And All the People Say

Postlude